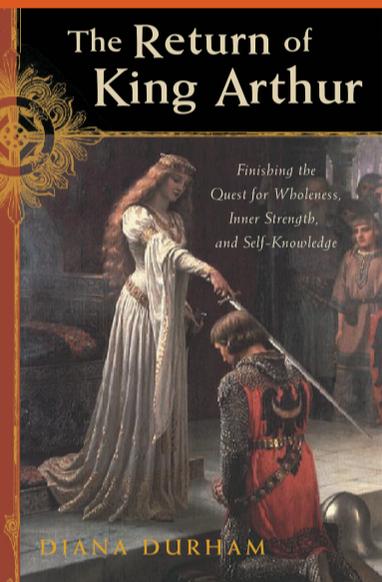


The Grail Retreat: navigating the wasteland to find self-knowledge & inner strength



Amid the lovely setting of the Dorset coast, we will undertake a ritual quest to the centre of ourselves. We find the Grail and ask the question "Whom does the Grail serve?" We then make the return journey to community, world, and home. In the process we will find out what the Grail is, why it is precious, how it brings healing to areas of our personal life that have been difficult or "stuck" and begins to restore the Wasteland.



Author of 'The Return of King Arthur' and 'Coherent Self, Coherent World', Diana Durham is also a poet and novelist. Her work explores why our deeper identity is the root of individual creativity and cultural renewal. Diana has given talks and led workshops on the meaning of the Arthurian and grail myths in to a wide range of audiences in the USA, Canada and Britain over the past 20 years.



Naomi Duffield is a Psychospiritual Counsellor, Coach, Therapist and Spiritual Companion with over 25 years in the field. Through developing both the psychological and spiritual domains, she facilitates you in overcoming trauma and accessing the healing power of Spiritual Presence, enabling you to live your destiny. For the past six years, along with her husband, she has been running Swanage Retreats and the Bella Vista Retreat Centre, inspired by the beauty of the land and sea of Purbeck, Dorset.



June 10 - 12: Includes 2 nights dinner, bed & breakfast
welcome tea on arrival, daily homemade refreshments
Saturday & Sunday lunch, Retreat workshops:
£325 each for seaview shared; £305 each for non-seaview shared
£375 for single seaview; £350 single non-seaview



